

# CONNECTIONS

The quick details on what's happening at the Bergen County Academies  
Visit our web site: [www.academyppo.com](http://www.academyppo.com)



## President's Message

Even after a mild winter, the beautiful spring weather is a welcome sign that the end of the school year will soon be here. Our Seniors are now making their final college decisions and selected applicants for the Class of 2016 have sent in their commitments. We look forward to your support of BCA traditions, including: Relay for Life; the PPO Picnic to welcome incoming families; appreciation lunches for our wonderful faculty and staff; Field Day for the entire school; and, lastly, Senior Awards and Graduation hospitality.

In addition to congratulations for outgoing and incoming students, we must remember to provide continued support and encouragement to our rising classes. The topic of our April PPO Meeting was how our students can find and follow their passion at BCA. Mr. Davis and his team explained programs and competitions which our rising students can pursue to distinguish and enrich themselves. Prior presentations have focused on summer opportunities and related topics. As a community, our outreach and information sharing should support the goal of encouraging every BCA student on the path of self-discovery and growth. By doing so, we will assist our current students in the college application process, as well as enrich our alum community with lifelong learners and leaders.

Please join us at our final PPO Meeting of the year for our parent panel presentation: *How to Do What I Just Did—Survive the College Application Process*. This tradition, perhaps unique to BCA, provides a forum for senior parents to offer heartfelt advice on the college application process itself. Along the way, we all have a few good laughs which, trust me, you will certainly need to recall once the process is in full swing. Panels will be by Academy with usual pairings (Culinary/Business; Medical/Science; Engineering/Science; CompSci; and AVPA/Music/Theatre/Visual. This is a by parents/for parents event. Some students will participate on panels but the discussion is designed to address the parent perspective on the process. Please join us on May 18th.

Warm regards,  
*Kathleen Keating*

Our last issue of the year will be published on May 23rd, 2012. Please submit all June calendar entries and all articles to Ruth Walsh at [ireny110@yahoo.com](mailto:ireny110@yahoo.com) by May 18, 2012. Thank you.

## Calendar Highlights

- |                                      |   |
|--------------------------------------|---|
| April 30 <sup>th</sup>               | <b>ACAHAPA Finest Dining Experience</b><br>7:00 p.m. - 8:45 p.m., 2 <sup>nd</sup> Floor Cafeteria |
| May 1 <sup>st</sup> -2 <sup>nd</sup> | <b>Admissions Placement Testing - Incoming Freshmen</b>   |
| May 2 <sup>nd</sup>                  | <b>AVPA: Junior Monologue Night</b><br>7:00 p.m.  |
| May 5 <sup>th</sup>                  | <b>SAT Testing</b>  |
| May 9 <sup>th</sup>                  | <b>Knights Boosters General Meeting –</b><br>7:15 p.m. Board Room (behind Main Office)            |
| May 11 <sup>th</sup>                 | <b>One -Act Play Festival – 7:30 p.m.</b>   |
| May 12 <sup>th</sup>                 | <b>One -Act Play Festival</b><br>2:30 p.m. and 7:30 p.m.  |
| May 13 <sup>th</sup>                 | <b>One -Act Play Festival – 2:30 p.m.</b>   |
| May 15 <sup>th</sup>                 | <b>Spring Choral Concert</b><br>7:30 p.m. Auditorium  |
| May 16 <sup>th</sup>                 | <b>PPO General Meeting – College Process</b><br>7:00 p.m. BCA Auditorium                          |
|                                      | <b>PAPA Meeting</b><br>7:00 p.m. 1 <sup>st</sup> Floor Cafeteria                                  |
| May 18 <sup>th</sup>                 | <b>Junior Class Prom – The Old Tappan Manor, Old Tappan 6:30 - 11:00 p.m.</b>                     |
| May 19 <sup>th</sup>                 | <b>Annual PPO Picnic – 12:00 – 4:00 p.m.</b><br>Athletic Field                                    |
| May 23 <sup>rd</sup>                 | <b>PPO Newsletter available</b><br><b>Half Day – All Students</b>                                 |
|                                      | <b>Class of 2014 Induction Ceremony</b><br>7:00 p.m.  |
| May 24 <sup>th</sup>                 | <b>Spring Freshmen &amp; JV Awards Night -</b><br>7:00 p.m. BCA 2 <sup>nd</sup> Floor Cafeteria   |
| May 28 <sup>th</sup>                 | <b>Memorial Day – School Closed</b>   |
| May 30 <sup>th</sup>                 | <b>Senior Experience Luncheon – BCA Gym</b>   |
| May 31 <sup>st</sup>                 | <b>Half Day – All Students</b>  |
| June 2 <sup>nd</sup>                 | <b>Spring Play - Madeline J. Small is Getting Smaller</b> 2:30 p.m. and 7:30 p.m. Auditorium      |
| June 3 <sup>rd</sup>                 | <b>Spring Play - Madeline J. Small is Getting Smaller</b> 2:30 p.m. Auditorium                    |
| June 2-3 <sup>rd</sup>               | <b>RELAY for LIFE</b>   |

**Check our monthly calendar for more times and events!**



# From the Principal

## *“Finding and following your passion at BCA...”*

Recently, teachers, guidance counselors and from BCA met with admissions representatives from a highly selective university. They shared with us the importance of students articulating their passion during the college admissions process. They pointed out numerous applicants who had garnered notable accolades but couldn't articulate what their achievements meant to them on a personal level.

While winning various awards, serving as club leaders and doing worthwhile community service projects are efforts that are to be commended, many applicants who had applied to their school described the details of their accomplishments but failed to reflect on what they took away from their experience.

During the April PPO meeting, several BCA teachers spoke of the plethora of opportunities available to students which allow them to

explore a wide variety of out-of-classroom interests. Whether it is the Humanities, Math, Science, Clubs, Research or Projects students can find ample opportunities to discover and pursue their passion! If you are looking to find out more about the various opportunities that are available to your child feel free to browse our website, and contact our staff.

Speaking of finding and following your passion, I'm happy to report that Megan Meehan (Class of 2002) has graciously accepted my invitation to speak at our induction ceremony for the Class of 2016. As I have noted in a previous issue, Megan had a lifelong dream to work for NASA and fulfilled her dreams by working for NASA on the Hubble Telescope. Her message to our incoming class will be to “Dream Big”.

**Russell Davis**  
Principal

### **Additional notes...**

#### **Dupont Science Essay Winner**

I am proud to announce that one of our 9<sup>th</sup> graders in Mr. Zhang's Biology class recently won 1st Place in the DuPont Challenge Essay Contest. The essay, entitled *One Breath Shorter*, was selected out of 9,000 entries as the winner. BCA has traditionally performed well in this competition, however this is the first winner of the DuPont Challenge in our school's history. As a reward, she will receive a \$5,000 US Savings Bond and an expenses-paid trip to Kennedy Space Center and Walt Disney World Resort. We are again reminded of the amazing talent that walks through our halls everyday.

Please go to [www.academyppo.com](http://www.academyppo.com) for a message from Dr. Howard Lerner, our school superintendent.

### **PPO Board Candidates and Committee Chairs Wanted**

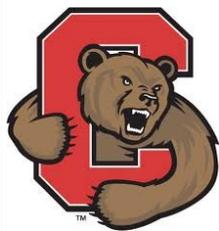
The PPO Nominating Committee is seeking candidates to fill positions for the 2012-2013 school year:

If you are interested in a Board position or a Committee Liaison position or would like more information, please contact any of the members of the Nominating Committee **by May 9, 2012**. Please note that serving on the board would require some daytime flexibility.

#### **Nominating Committee**

Angella McKenzie  
Linda Moldow  
Mary Ellen Breen

[gatchair@verizon.net](mailto:gatchair@verizon.net)  
[lindamoldow@gmail.com](mailto:lindamoldow@gmail.com)  
[mmbreen@optonline.net](mailto:mmbreen@optonline.net)



## ACAHA Visits “The Big Red”

For a score of sophomores and juniors in the Culinary Arts and Hotel Administration Academy, it was quite the eventful experience. On April 4<sup>th</sup> and 5<sup>th</sup>, our students embarked to Cornell University, which is located in the picturesque town of Ithaca, NY. Each year, our academy finds itself more and more aligned with its School of Hotel Administration; both academy students' acceptances and our alumni community continue to pave inroads into the prestigious program. At the campus, the students were greeted by the admission director and were allowed to walk in her shoes for a day. In an exercise featuring three pseudo applications, the students were instructed to assess the applicants. This activity emphasized Cornell's expectations of its students and the vigor that they should possess as prospective “hotelies.” The students were then led through a case analysis that engaged them to see things through the perspective of a hotel operator. This activity gave a taste of what one may encounter working in this exciting and ever-expanding field. After a break for lunch on campus amongst students there, it was time to reconvene. The second half of the session included an in-depth view of life on campus including academic courses, study abroad opportunities, and social life.

The trip culminated with a tour showcasing the rich history of Cornell and the on-campus Statler Hotel. Regardless of the students' future endeavors, the trip shaped how they see college – bringing them to a closer realization of what they want to get out of it. Albeit a lengthy ride down, the trip was an invaluable experience to those passionate in the hospitality industry and provided an opportunity to look through the sometimes unnerving eyes of an admission director at an Ivy League school.

Mary Beth Brace and John Branda  
Academy of Culinary Arts and Hotel Administration

## Field Day 2012: We Need Your Support

Field Day will be June 18<sup>th</sup> (rain date June 19<sup>th</sup>). We need your support -- we are significantly behind in our donations. Students were emailed a donation letter and we would greatly appreciate any help you can give. The all school BBQ held in the lower lot provides lunch for 1100 students and 150 faculty members and total cost is approximately \$6,000. We have watermelon, hamburgers, cheese burgers, hot dogs, veggie burgers, salad and drinks. We also need to purchase paper goods, rent tables, chairs and grills. Any donation is appreciated.



Volunteers to assist with the BBQ are also needed. We have set-up from 9:00 a.m. - 11:00 a.m., serving from 11:00 a.m. - 1:00 p.m. and clean-up from 12:00 - 2:00 p.m.. Many work the entire BBQ but if you can only help for a couple of hours please email me at [marcar@bergen.org](mailto:marcar@bergen.org); We are accepting donations of cases of water and individually wrapped snacks cookies, chips etc. The day is awesome our students really enjoy all the activities and the fun competitions. Your help is greatly appreciated. Your gift of time is also greatly appreciated.

Please see picnic flyer in this issue on page 12 for more information on how you can help

Mrs. Maria Careri  
Field Day Coordinator

## ACAHA Junior Receives Prestigious Presidential Service Award



One of Bergen County Academies very own, an ACAHA Junior, recently won the Presidential Volunteer Service Award. This recognition is an honor that the BCA Chapter President has diligently worked for since his freshmen year. This is a national award program, and our student was the only recipient from New Jersey. He was also one of only forty high school students across the country so honored.

The President's Council on Service and Civic Participation was established in 2003. It recognizes the valuable contributions that volunteers are making in our communities and encourages more people to get active in their communities. The Council created the President's Volunteer Service Award program to thank those that have given their time for a greater good and who have inspired others to do the same.

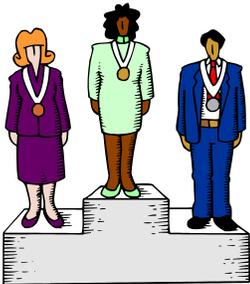
Earning the top award of gold medal required the junior to secure over 250 hours of community service during his high school career. Considering this award is often bestowed upon families or groups, it is truly outstanding that an individual student was able to achieve this honor.

The junior will receive a scholarship and be recognized for his commendable efforts this June at the SkillsUSA National Conference in front of 14,000 people. We are proud to have this fine young man and Presidential Service Award winner in our academy.

**John Branda**

**Academy of Culinary Arts and Hotel Administration**

## BCA Rules at SkillsUSA N.J. State Competition



The BCA SkillsUSA Chapter competed in the NJ State competition on March 30th to 31st in Somerset. It was a very exciting and gratifying time as the culmination of many months preparation was at hand. The students worked hard, gave their best effort and were anxiously awaiting the results to be announced at the evening closing ceremony.

At the end of the weekend, our Chapter walked away with 43 medals and an overwhelming sense of pride. Even those that did not place found comfort in the knowledge that they challenged themselves and tested their abilities. As an added bonus, the students got some down time on the trip, including a Friday night SkillsUSA dance and a lunch at

IHOP.

After the conference concluded, BCA won Gold Medals in the following competitions: American Spirit, Chapter Business Procedure, Prepared Speech, Food and Beverage Management, Technical Computer Applications, and Career Pathways (for Education, Hospitality, and Finance.) They took home silver medals for Entrepreneurship, Medical Math, PDP Portfolio, and Career Pathways (for Health and Science and Marketing.) Bronze medals were awarded to our students that competed in Job Skills Demo, Opening and Closing Ceremonies, and Sustainability Solutions.

It was also a pleasure to see our very own ACAHA senior student speak at this state conference. She is currently the NJ SkillsUSA State President and facilitated the entire event. She also swore in the NJ SkillsUSA State Officers for next year, including an ACAHA junior student!

Overall, 2012's New Jersey SkillsUSA conference was a success for the BCA Chapter. We placed in many competitions and everyone championed it as a weekend of learning, experience, and fun. I would like to thank my co-chaperones, Mr. Lang, Ms. Min, Mr. Alschén and Chef J for their hard work leading to student success.

**Mary Beth Brace**



## BCA Writing Accolades Continue ...

BCA students continue to reap rewards for their writing:

An AEDT Class of 2012 student won first prize in the 2012 William Paterson University College of Education Cross Cultural Arts Poetry Contest.

An AVPA-Theatre Class of 2013 student is a winner in the Live Poets Society of NJ American High School Poets Just Poetry!!! Contest.

For her tremendous achievements in playwriting, an AVPA–Theatre Class of 2012 student will be a presenter at the 2012 Playwrights Theatre NYU conference.

And an AEDT Class of 2013 and an AMST Class of 2012 student each took third place in the NJCTE 2012 High School Writing Contest—the AEDT student for short story and the AMST student for personal essay.

*Congratulations to all!*

**Richard Weems**  
English Department



## The BCA Summer Creative Writing Program



This summer, BCA is going to launch a new initiative for creative writing: the BCA Summer Writing Program, spearheaded by Mr. Weems, BCA faculty and former Creative Writing director for the NJ Governor's School of the Arts. Each course is two weeks of intensive exploration in creating new work, revision, and widening the boundaries of possibility in fiction or poetry led by expert BCA faculty and visiting artists. Each course will culminate in a reading of works composed during the program.

This opportunity will be extended to other high school students in Bergen County, but BCA students will have first shot at these small, individualized courses. The fiction course will run July 9-20, and the poetry course will run July 23 - August 3. For further information, contact Mr. Weems ([ricwee@bergen.org](mailto:ricwee@bergen.org)) or visit the website: [www.bergen.org/summerwriting](http://www.bergen.org/summerwriting).

**Richard Weems**  
English Department

# Theatre Arts News: *April 2012*

## *The BFA Showcase*

With the initial publication of the BCA Alumni Magazine, *Generations*, the Academy has been thinking about and reaching out to our alumni this year. I wrote in this space in December about how AVPA-Theatre alumni who have entered the professional world are supporting each other and working together. I write this month about how some of our alumni are presenting themselves and entering the entertainment industry through the BFA Showcase.



The BFA, Bachelor of Fine Arts is a 'conservatory based' professional degree; students spend at least 2/3 of their time and course work in practical courses (i.e. acting, dance, voice, etc. in the case of the BFA in Musical Theatre, Acting and Dance). Students in these programs and their parents naturally want to know how this type of degree and education will translate into the ability to make a living in the arts. To begin to answer this question most BFA and MFA (Master of Fine Arts) programs offer their graduating seniors the opportunity to demonstrate their talents at Showcase Performances held in New York, Los Angeles and sometimes Chicago; talent agents, casting directors and personal managers are invited by the colleges and universities to attend these showcases each spring. This month I was able to attend two showcases: Cal Arts and CCM (University of Cincinnati College-Conservatory of Music) to see two AVPA-Theatre students -class of 2008 perform.

The programs are different and so were their showcases. Our alum at Cal Arts is finishing the BFA in Acting. Cal Arts includes both BFA and MFA final year students and so there were 33 performers and the showcase ran two

hours. Since the Cal Arts program is in Acting the showcase consisted mostly of short scenes with two actors each; each student was featured in one scene. Sometimes a student had a minor role in a scene that featured a classmate, but then was in a second scene in which they were featured. In addition to the scenes, one student did a monologue he had written himself, two students chose to sing in their scenes and one chose to sing and dance. This showcase began with a silent film that panned in on each student either holding a pose or moving; the point here was kind of a mini-'screen test.'

Our BCA alum at CCM is graduating from their program in Musical Theatre. This showcase featured the BFA class of 15 students; the 45 minute program was pure musical theatre. The 15 students remained on stage for the entire showcase which began with a full group opening number (everyone singing and dancing) followed by two rounds of solos (each performer had two brief solo numbers)—sometimes another class member was a silent participant in the soloist's number and sometimes some of the others provided back-up for the soloist. The program ended with another rousing group piece. As with Cal Arts, and the very end, all performers lined up across the stage and one-by-one stated their name and hometown.

I, of course, thought that in each case the BCA alum was among the most outstanding of the group; I am happy to report that I was not alone as both of our graduates received offers from industry professionals who were also impressed by their performances!

**Rebecca Strum**  
**Performing Arts Coordinator**



## **Valentines's Day Rose Sale: A Special Thank You . . . .**

The BCA Meals on Wheels club would like to acknowledge the very generous help of the New Milford Shoprite (Inserra Supermarkets, Inc.) Their donation of roses to our Valentine's Day sale helped us reach our goal of donating \$1000 or more to the Bergen County Meals on Wheels program. This is the sixth year that we have been able to meet this goal. We deeply appreciate the support that they have given us over the years. We are also supported by Costco which donated a gift card, and has donated gift cards in previous years.

**Rachel Stott**  
**BCA Meals on Wheels Faculty Advisor**

**Class of 2012:** We would like to express our sincere appreciation to everyone who helped to make the annual BCA Fashion Show “Paris in Springtime” such a success. It was a delightful evening at Season’s with fabulous food and fashions. We want to thank the numerous dedicated volunteers who worked countless hours before and during the show. Thanks to our wonderful senior students who provided entertainment and modeled fashions. Thanks to the BCA community for joining us at this annual event. We hope you all had a great time! \*\*\* June will be our month of celebrations. All seniors (at no charge) are invited to the Senior Yearbook Signing Luncheon at Seasons on June 6<sup>th</sup> where they will receive their free yearbook and enjoy time together. June 13<sup>th</sup> will be the Six Flags trip (\$50/student – due April 20<sup>th</sup>). June 14<sup>th</sup> will be Senior Prom at the Rockleigh Country Club (\$50/student – due May 4<sup>th</sup>). Finally we close out the school year with the biggest event of all – Graduation on June 21<sup>st</sup>. We look forward to enjoying our last little bit of time together.

**Christine Ogden:** [christinemogden@yahoo.com](mailto:christinemogden@yahoo.com)  
**and Sooji Park:** [Soojipark1@gmail.com](mailto:Soojipark1@gmail.com)

**Class of 2013:** Springtime Greetings! The 2013 class council has begun selling tickets for the Junior Prom which will be held on Friday, May 18<sup>th</sup>. We hope all students will come to this lovely and memorable class event at the beautiful Old Tappan Manor. \*\*\* Brand new fundraiser for the class of 2013! We are currently selling Graduation Signs to this year's senior class of 2012. The extra large signs can be used on your lawn to congratulate your child's achievement of graduating from Bergen Academies. They make great mementos and can be used again to decorate your dorm room! Be sure to check out the flyer in this issue regarding ordering. Don't miss out! \*\*\* A million thanks to all the volunteers who assisted with Cabaret night. It was such a wonderful evening and we are so grateful to all the parents, students and faculty who helped with every facet including soliciting and making donations,

organizing, wrapping and transporting baskets, designing and printing tickets, fliers and pamphlets, baking and providing refreshments, selling tickets and raffles, ushering and doing all the jobs needed to make this event a success. Special thanks to our chairperson Phyllis Polevoy and BCA's own Steve Danieli and all the dedicated crew who worked behind the scenes for making the show happen. Our wonderful and talented students and faculty provided a fabulous evening of entertainment-we are so lucky to have all of you!

**Mary Ellen Breen** [mmbreen@optonline.net](mailto:mmbreen@optonline.net)  
**Lisa Caron** [lisa.caron3@verizon.net](mailto:lisa.caron3@verizon.net)

**Class of 2014:** Thanks to all who participated in the Class of 2014 Card Party on Friday, April 20<sup>th</sup>. The donations we received were amazing and the resulting baskets were breathtaking! We're confident that a good time was had by all. It's such a fun night of food, conversation, prizes and camaraderie. It's wonderful that so many of our 2014 students were present. Also, a huge thank you to Alan Belthoff, a BCA 2012 parent, who emceed and set the tone for a wonderful evening. \*\*\* The next event of special importance for our class is the College Fair, Thursday, April 26<sup>th</sup>, from 6:00 p.m. -8:00 p.m. Over 100 colleges will be there offering information for students and parents.

**Nieves Martino and Pat Zuber**  
[bcaclass2014@gmail.com](mailto:bcaclass2014@gmail.com)

**Class of 2015:** Thanks again for everyone who helped out by sending in drinks and goodies to our two bake sales during interview week. We raised \$500! \*\*\* Our Freshman Student Council is planning a social event for the class – we'll keep you posted when we hear what they come up with. Meanwhile, Lizzie and I are planning a parent coffee for May and will email an invitation soon.

**Lizzie Trimm:** [Lizzietrimm@gmail.com](mailto:Lizzietrimm@gmail.com)  
**Donna Tittensor:** [jays92@optonline.net](mailto:jays92@optonline.net)



You are cordially invited to attend  
the upcoming  
**BCA Choral Spring Concert**  
**May 15<sup>th</sup> at 7:30 p.m.**  
**BCA Auditorium**

The BCA Choir under the direction of Dr. Patrick D. Finley  
will present works by:

Brahms

Bruckner

Palestrina

Saint Saëns

Z. Randall Stroope

Keith Hampton,

*a new work by Dr. Finley, and more.....*

Tickets: \$5 -- running time approx. 1hr. 20 min, no intermission

*We hope you can attend this beautiful choral event!*

## **Project Graduation Class of 2013**

The response so far has been great, but we hope everyone will attend  
Project Graduation 2013!



Please reserve your child's spot today!

Questions?

Patty Hane [pmhane@gmail.com](mailto:pmhane@gmail.com)

Nancy Duncan [nancydou225@gmail.com](mailto:nancydou225@gmail.com)



# PARENTS AND PATRONS OF THE ARTS

PAPA extends our appreciation to the talented student jazz quartet featured at our April meeting. They treated us to a rousing student-arranged rendition of Chick Corea's "Spain," showing us how they trade riffs, and complement what they hear each other playing. They even demonstrated what a "swing" version of the tune would sound like. As one PAPA member put it, "We'll soon be seeing their pictures on CD covers and iTunes." Kudos and thanks for the hard work they put into their presentation ... and the obvious joy they spread to the PAPA audience.

And looking forward to June, we invite you to join or contribute to the **PAPA Relay for Life Team**, named (what else?) MAMAs&PAPAs. Just go to <http://bit.ly/PAPArely> to join us ... and show a little love! Contact Karen Lustig ([kelustig@aol.com](mailto:kelustig@aol.com)) for more information.

Thanks!

## **Mark Your Calendar:**

**Friday, May 11th, 7:30 PM ... Saturday, May 12th, 2:30 PM & 7:30 PM Sunday, May 13th, 2:30 PM:** Student Directed One-Act Plays

**Tuesday, May 15th, 7:30 PM:** Spring Choir Concert in the Auditorium

**Wednesday, May 16th, 7:00 PM:** PAPA election; joint meeting with PPO for "How to Do What I Just Did"

**May 18th, 9:00 AM – 2:30 PM:** Teen Arts Festival at Bergen Community College

**Saturday, June 2nd, 2:30 PM and 7:30 PM; Sunday, June 3rd, 2:30 PM:**  
BCA Spring Play *Madeline J. Small is Getting Smaller* by Emily Feldman, Directed by Stephen Kaplan.

**Saturday June 2nd – Sunday, June 3rd:** Join or support PAPA's Relay for Life Team at <http://bit.ly/PAPArely>.

**Tuesday, June 5th, 7:00 PM:** Spring Concert in the Auditorium

## Show your pride in your BCA GRAD!!!



### Purchase a BCA Graduation Sign!

These beautiful 100% all weather signs are 24" X 48" (larger than pictured) and come with metal stakes for lawn installation or they can be hung in your window.

Custom printed for BCA in Black & Gold, they are \$30/sign.

A perfect way to welcome everyone to your graduation party!

We will have samples at the PPO Meeting in April.

**All orders must be received by April 30, 2012.**

Signs will be delivered to BCA in early June.

To place an order, please complete and return:

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Graduates name as you want it to appear on sign (please print):  
\_\_\_\_\_

Number of signs: \_\_\_\_\_ Total (\$30/sign): \_\_\_\_\_

Checks payable to BCA Student Activity Fund Class of 2013.

**Mail orders to: Lisa Caron, 145 West Ridgewood Ave., Ridgewood, NJ 07450.**

Questions? Please contact us at [Lisa.caron3@verizon.net](mailto:Lisa.caron3@verizon.net)

**(A minimum of 100 signs need to be ordered.)**



**ZUMBA**<sup>®</sup>  
fitness

**for Autism**



Ditch the workout, Join the PARTY!

**FRIDAY, MAY 4, 2012**

**Come join the Latin-inspired, easy-to-follow, calorie-burning, dance fitness party with our very own BCA Certified ZUMBA<sup>®</sup> Instructor Silvana Forne-Neves!!!!!!**

**7 PM to 8PM (Registration starts at 6:30PM)**

**Bergen County Academies (Gymnasium)**

**200 Hackensack Ave  
Hackensack, NJ 07601**

**DONATION: \$5 MINIMUM DONATION**

**All proceeds will be donated to the Autism Speaks Walk of Northern NJ which will take place on May 20th at 9AM at the Bergen Community College, 400 Paramus Road, Paramus, NJ 07652. For more information on the walk please visit <http://www.walknowforautismspeaks.org>**

**FOR MORE INFO AND TO RESERVE YOUR SPOT,**

**CONTACT: ANDREA BUCCINO**

**[andbuc@bergen.org](mailto:andbuc@bergen.org) / (201) 343-6000 ext. 2021**



**(Sponsored by the EASY A CLUB)**

Dear Parents and Guardians,



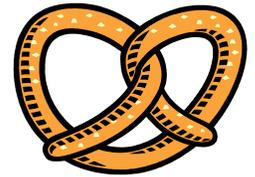
The Bergen County Academies will be hosting their annual **Field Day** on June 18, 2012. This event has been a tradition at the Academy for many years and provides the students with a day to have good competitive fun and take a well deserved break from academics. The students will be participating in over 80 events from the traditional sports to three legged races, pie eating, video games, and much more.



On field day we also have a free, all school barbeque in the lower lot. The barbeque consists of: hot dogs, hamburgers, veggie burgers, cheeseburgers, tossed salad, drinks, and watermelon. This is where we need your help! In order to accommodate 1,100 students, the estimated expenditure is over \$6,000! The majority of the expenses are paid for by generous donations from our Academy families. Financial contributions of any size are greatly appreciated to make Field Day a success! We also need **many** Volunteers to assist with the BBQ and make it our best yet.

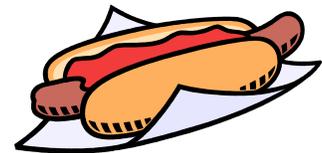
Aside from the monetary contributions the following is needed for Field Day:

- Water (large volume)
- Uno Cards
- Nerf Balls
- Coolers
- Non-carbonated beverages (i.e. ice tea, lemonade, fruit punch)
- Non-perishable individually wrapped snacks (i.e. chips, pretzels, cookies)



Thank you. Let's think Field Day~!

Student Name: \_\_\_\_\_  
Name of Parent: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_



Checks should be made payable to: "Field Day"  
Please mail your donations to: Maria Careri  
Bergen Academies  
200 Hackensack Avenue  
Hackensack, N.J. 07601

P.S. Any items donated can be brought to the school at your convenience.  
Please email [marcar@bergen.org](mailto:marcar@bergen.org) if you would like to volunteer or call at 201-343-6000 ext. 2277



**SAVE THE DATE!!**

**PPO Picnic**

**Saturday, May 19th  
12:00-4:00pm**

**RSVP & VOLUNTEER SIGN UP ON LINE BY CLICKING ON  
THIS LINK <http://goo.gl/FY11L>**

**Rain Or Shine**

**On the athletic field behind the school**