

# PPO CONNECTIONS

THE QUICK DETAILS ON WHAT'S HAPPENING AT BCA  
WWW.ACADEMYPPO.COM

## PPO Board Message

As I write this letter the weather report is calling for spring-like temperatures this coming weekend. What a change from the below zero temperatures we had over our President's Day break! We hope our students took advantage of the recess and got some much needed rest and relaxation.

The PPO has been busy this past month. We hosted our annual Guidance Appreciation Luncheon at the end of January to thank our amazing guidance department for the work they do to support and nurture all of our students. It comes at an especially good time after the first wave of college applications have been submitted and decisions announced. We continue to wish all of our seniors the best of luck as they navigate the college process. With the financial support of your membership dues we also completed the PPO grant funding process. Every year we solicit requests from faculty members for funding of various clubs and extra curricular activities. We evaluate each request and allocate funds from our PPO budget. This year you should all be proud that your membership dues will be used to help fund the following activities: Model UN, Science Olympiad, Skills USA, HOSA, Chamber Choir, *Evita*, ProStart, Bergen SciChallenge, DECA and the Frederick Douglass assembly. Finally, we had the privilege of having Mr. Russ Davis and Dr. Todd Crane speak at our February general meeting. Their topics included Exciting Happenings at BCA, National Honor Society and Course Selection/Curriculum. We would like to stress that it is very important for you to sit down with your child and review their course selections for next year. Our administration does an amazing job at creating a schedule that is able to meet the initial requests of our students. It is much harder for them to fulfill requests that are made if a student changes their mind in August. If you have any questions about courses your child should take, don't hesitate to contact their guidance counselor for assistance.

Our next meeting is scheduled for **Wednesday, March 16<sup>th</sup>** and will feature Mrs. Nancy Sousa, School Counselor giving a presentation she has developed on parenting children with perfectionism. While perfectionism motivates us to strive for success, it can sometimes lead to irrational beliefs, thoughts and expectations. Mrs. Sousa will introduce the topic of perfectionism and discussion will include research on warning signs, risk factors and interventions for parents on how to handle their child's perfectionism. Many of us with children at BCA can relate to the topic of perfectionism and we are so looking forward to hearing Mrs. Sousa's presentation! Speaking of our PPO meetings, we would like to thank Mary Deegan and her Hospitality volunteers for always providing a nice selection of refreshments before our meetings giving our community a chance to mingle. If anyone would like to help

Mary with Hospitality please contact one of the PPO board members or Mary directly.

Finally, be on the lookout for more Naviance workshops to be held in the spring and don't forget to sign your child up for a Catalyst SAT or ACT bootcamp. Looking forward to an early spring!

Best Regards,  
**Susan, Sasha, Julia, May, Sue, Connie**

## Calendar Highlights

Feb. 26 <sup>th</sup>	<b>Winter Musical: <i>Evita</i></b> 7:30 pm Auditorium
Feb. 27 <sup>th</sup>	<b>Winter Musical: <i>Evita</i></b> 2:30 pm & 7:30 pm Auditorium
Feb. 28 <sup>th</sup>	<b>Snow Date for Winter Musical</b> 2:30 pm Auditorium
Feb. 27 <sup>th</sup> -28 <sup>th</sup>	<b>Catalyst SAT Bootcamp</b>
Mar. 1 <sup>st</sup>	<b>HALF DAY</b> – Admissions
Mar. 3 <sup>rd</sup>	<b>HALF DAY</b> – Admissions
Mar. 5 <sup>th</sup>	<b>SAT Testing</b> – Off-site
Mar. 8 <sup>th</sup>	<b>Winter Concert</b> – 7:00 pm Auditorium
Mar. 14 <sup>th</sup>	<b>End of Trimester 2</b>
Mar. 16 <sup>th</sup>	<b>PPO General Meeting</b> - 7:00 pm Auditorium Nancy Sousa – Parenting a child with Perfectionism
Mar. 23 <sup>rd</sup>	<b>PPO Newsletter Available</b>
Mar. 24 <sup>th</sup>	<b>Chocolate Competition</b> – 2:00 pm
Mar. 24 <sup>th</sup>	<b>Soph/Frosh Semi-Formal</b> – 7:00 – 10:00 pm Powerhouse Studios, Paramus
Mar. 25 <sup>th</sup>	<b>NO SCHOOL</b> – Good Friday
Mar. 31 <sup>st</sup>	<b>Class of 2016 Fashion Show</b> – 6:30 pm Florentine Gardens, River Vale –All are welcome
Apr. 2 <sup>nd</sup> -3 <sup>rd</sup>	<b>HackBCA</b> – 12:00 pm Saturday – 4:00 pm Sunday
Apr. 9 <sup>th</sup>	<b>ACT Testing</b> – Off-site



**Academy Parent Partnership Organization**  
A New Jersey Nonprofit Corporation

Our next issue will be published on March 23rd. Please submit all March calendar entries and all articles to Sue Katz at [SueLKatz@gmail.com](mailto:SueLKatz@gmail.com) by March 17, 2016.

## **"College Admissions Officers Looking to Turn the Tide"**



### **From the Principal's Desk**

From [harvard.edu](http://harvard.edu)...

#### **"Turning the Tide: Inspiring Concern for Others and the Common Good through College Admissions"**

marks the first time in history that a broad coalition

of college admissions offices have joined forces to collectively encourage high school students to focus on meaningful ethical and intellectual engagement. The report includes concrete recommendations to reshape the college admissions process and ... promote greater ethical engagement among aspiring students, reduce excessive achievement pressure, and level the playing field for economically disadvantaged students." Recently, I've had discussions with colleagues regarding several of the recommendations in this report and I must agree that this coalition is on to something. Among the many recommendations they make is "Prioritizing Quality – Not Quantity – of Activities." According to the report, "Admissions offices should send a clear message that numerous extracurricular activities or long "brag sheets" do not increase students' chances of admission. Applications should state plainly that students should feel no pressure to report more than two or three substantive extracurricular activities and should discourage students from reporting activities that have not been meaningful to them."

#### **"Turning the Tide:" cont'd**

I certainly agree with this advice. It is certainly better for a student to have made an impact in a few activities here at BCA than to list clubs for which they have had little involvement with. As a faculty, we remember alumni who have made their mark on our school and rejoice in seeing them making an impact in college and beyond. They

are remembered for the hard work they did in a few worthwhile activities. While we realize the desire for students to compete with their peers by filling out long lists of activities, we agree that the emphasis should be quality over quantity. I believe that the stance of college admissions officers is crucial in moving students away from this "fill the brag sheet" mindset and applaud those admissions officers who are looking for quality over quantity.

#### **Stevens Institute to cohost NCSSS 2016 Student Research Conference**

We are excited to announce that Stevens Institute has agreed to partner with BCA and NCSSS in hosting the NCSSS 2016 Student Research Conference. The event, which is planned for June 9<sup>th</sup>-12<sup>th</sup>, will attract students from some of the top schools in our nation. We will also be highlighting our partnership with the National Park Service and our school's work to create a virtual reality experience at Ellis Island.

#### **We're looking for BCA families to provide Global Exchange Homestays to visiting students.**

I have often remarked of the overwhelming hospitality we received when we travelled to Japan as BCA Ambassadors. As we look to increase our Global Exchanges around the world, we are often asked by our partner schools if visiting students could stay with host families in an effort to reduce their travel related costs. This would mean housing two students for a small period of time. While I realize that this is a large undertaking for a family, it also provides a wonderful cultural opportunity as well. If you are interested in becoming a BCA Global Exchange Host Family please reach out to me at [rusdav@bergen.org](mailto:rusdav@bergen.org).

#### **Follow BCA on Twitter!**

To access the latest news and headlines from BCA follow me on Twitter @DavisBCA

Sincerely,  
Russell Davis  
Principal

Please view our Superintendent Dr. Howard Lerner's Message by using this link:  
[http://www.academyppo.com/uploads/1/1/1/7/11170958/superintendent\\_letter\\_2-2016.pdf](http://www.academyppo.com/uploads/1/1/1/7/11170958/superintendent_letter_2-2016.pdf)

CLASS OF 2018 PRESENTS:

# SOPHFROSH SEMIFORMAL

THURS, MARCH 24TH, 7PM-10PM

POWERHOUSE @ PARAMUS

\$45 per ticket (sold @ lunch)

1 guest per person (must have guest slip)

## *BCA Musical Accomplishments!!*

Just past midway of the school year and so many great things to let you know about! Recently BCA had 31 students win a seat for NJ Regional Band and Orchestra. This is a fantastic accomplishment for the students and all of them are eligible to audition for All-State (band/orchestra). Regional honors ensembles comprise students from the northern third of NJ and they competed with hundreds of other students for a seat. BCA will also be involved in the very first NJ All-State Guitar Ensemble. Being nominated as the first conductor was a great honor, and I look forward to working with musicians from all parts of the state as we prepare for an April concert at The College of New Jersey. The new practice rooms have been a real boon to the music program. Students are using them at all hours of the day. Soon, they will all be outfitted with Kawai pianos.

On Tuesday, March 8<sup>th</sup>, BCA will hold its 21st Annual Winter Concert. This is one of three instrumental full-state concerts held annually. In this performance we will feature six ensembles: Concert Band, Orchestra, Jazz Band, Guitar & Mandolin Orchestra (G&MO), Flute Ensemble and Clarinet Ensemble. This concert will have more variety than usual. For example, G&MO will be performing a new work based on the first 32 digits of the pi. It's amazing how a mathematical ratio can "sound" so engaging. Jazz Band will feature a vocalist singing My Funny Valentine. Our Concert Band will feature 3 student conductors! The Flute and Clarinet Ensembles have an eclectic mix of music, both new and familiar. You will truly enjoy the 90-minute concert, starting at 7pm. Should weather not cooperate, we have the next evening saved as a snow date. Looking forward to seeing you at The Winter Concert on Tuesday, March 8<sup>th</sup>!

Michael Lemma  
Music Department

# BCA Poetry Success and a Record Year with Scholastic

An ABF junior took Honorable Mention in the 2016 Princeton University Poetry Contest for High School Students. Her work rose to the top of hundreds of submissions from all over the country.

And the Scholastic Art & Writing Awards regional results are in for the writing category, and this year, 74 students won 178 awards: 40 Gold keys, 67 Silver keys and 71 Honorable mentions! We covered categories from critical essay and journalism to poetry and senior portfolio (the most Gold keys we've ever seen in this last category).



Gold key works now go on to the national round. We hope to have good news for the next PPO newsletter!

Richard Weems  
Literature and Creative Writing



## BCA Summer Writing Program Registration now open!

This summer, the BCA Summer Writing Program will offer one course in Fiction and one in Poetry. Both courses will run August 1 – 11, 9:30 am to 3:00 pm, Monday through Thursday, on the BCA campus.

Each course offers students the chance to work with award-winning writers and teachers in a small setting to create new work and explore the intricacies of revision.

Registration is open at [sw.bergen.org](http://sw.bergen.org). This program has filled up quickly in the past, so act quickly to get your spot!

Richard Weems  
Literature and Creative Writing

### **An Added Note:**

*One goal of our monthly PPO meetings is to feature presentations from relevant outside resources available to the community.*

*It is not, however, a PPO practice to endorse them for your own use.*

*We hope you will use your best judgment deciding whether you choose to utilize their services.*



# BCA SkillsUSA Community Service Outreach

The Bergen County Academies SkillsUSA chapter has always been praised for their community efforts, and continues to maintain their presence in the giving community. The objective for 2015-2016 is to raise awareness in the county about the rising number of food insecure families and ways to ensure a healthy, nutritious meal even on a low budget. To target the younger generations, the chapter started an online-based campaign called #SayNo2Hunger and are encouraging everyone to bring about public awareness amidst the food crisis. On Thursday, January 29, the Skills community service team transferred 18,750 lbs of Goya Foods canned beans, which they had arranged on a previous date, to the Englewood site of Center for Food Action. CFA is a food pantry located in eight different locations in Bergen County. Since 1976, CFA has been serving the county's most vulnerable residents by providing weekly groceries, housing, utility assistance, and counseling for low-income families. The Bergen County Academies SkillsUSA community service team linked Goya Foods with CFA and were able to grant the pantry with 10 (25 cans in each) cases of each of five varying beans: chickpeas, red kidney, pink, pinto, and black. Partnering with Goya Foods and CFA has resulted in a substantial donation and aid to the families that CFA serves on a daily basis.

Mary Beth Brace  
BCA SkillsUSA Advisor



## **BCA SkillsUSA Promotes Career and Technical Education Week and SkillsUSA Week**

Holding an important position in the BCA community, the Skills USA club and its members have made great strides in their many meaningful projects over the duration of this school year. Specifically, the American Spirit team, which is responsible for boldly leading patriotic-themed community service projects, as well as finding new and innovative ways to spread the word about Career Technical Education, has made incredible progress. On Friday, February 12th, the team consisting of three ACAHA students had the opportunity to visit Eric S. Smith Middle School in Ramsey and lead a Life Skills class full of eighth grade students. BCA students began the class by introducing themselves and talking briefly about their experiences in the Academy for Culinary Arts and Hospitality Administration at BCA. From there, they began their demonstration of the preparation of a simple, but delicious dip; guacamole! As a snack that is enjoyable, easy and fun to prepare and, most importantly, healthy, the American Spirit team knew that the guacamole was the perfect food to make. The students were asked to participate in the demonstration by cutting, mixing and mashing the different ingredients. This coincided very well with the class' curriculum, as they had just finished their knife skills unit. During the demonstration, they also reviewed topics with the eighth graders, such as kitchen safety and sanitation. They even got to know the students on a more personal level by asking everyone to share an anecdote about a time they made guacamole, or any other interesting dish in the kitchen. While the students snacked on their amazing guacamole at the end of the class, the team showed a PowerPoint, which further explained the concept of Career Technical Education. They also discussed how this unique learning style had benefited them during their time at BCA, so far. This was a fantastic opportunity, both for the American Spirit team and for the eighth grade students, which was enjoyed immensely by both parties. Not only did the students acquire a bit of knowledge about BCA and its use of Career Technical Education, they also learned how to make a delicious and nutritious snack.



# NJ RESTAURANT ASSOCIATION EDUCATIONAL FOUNDATION PROSTART COMPETITION



At the end of January, six ACAHA Hospitality students traveled to Hamilton, New Jersey to compete in the annual New Jersey ProStart Competition, which is offered by the National Restaurant Association Educational Foundation. The students competed in the hospitality management portion of competition and presented their entrepreneurial restaurant concept called “Terra” to a panel of judges from the industry. “Terra” is a quick-casual restaurant in a modern styled atmosphere that will serve healthy, farm-to-table focused American cuisine in an environment suitable for guests of all ages. The rooftop garden herbs were featured in several dishes on the menu.

The students want this restaurant to modernize the traditional quick casual experience with a fresh new twist. The students drew much inspiration from the ProStart curriculum that they have been learning in their culinary classes at BCA as well as from the various experiences that they have had from working in the hospitality industry. Famous Restaurateur David Burke and Chef Guy Mitchell White House were the keynote speakers and personally met with the students. The BCA team placed 2<sup>nd</sup> overall in the very competitive management competition. Every team member took home over \$10,000 in various scholarships and prize offerings.





## LOOK WHAT'S NEW @BCA...

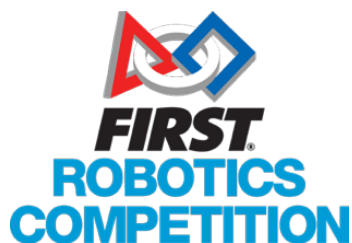
The BCA Titanium Knights robotics team is back in business! Consisting of 27 students from six academies, two Teacher-Mentors (Mr. DeFalco & Mr. Liva) and three Parent-Mentors, the team is spending evenings and weekends designing an industrial-sized robot (a 150-pounder!) to compete in this year's high school *FIRST* Robotics Competition (<http://www.firstinspires.org/>).

*FIRST* (For Inspiration and Recognition of Science and Technology), the largest and most prestigious high school robotics competition in the world, was founded in 1992 to inspire students to become science and technology leaders.

Build Season, an intensive six-week period that will end on February 23<sup>rd</sup>, culminates when teams conceive, design, and build their robot to play this year's game, *FIRST* Stronghold.

The Titanium Knights will be competing in March at the Seneca *FIRST* Mid-Atlantic District Competition in Tabernacle, NJ and in April at the Montgomery *FIRST* Mid-Atlantic District Competition in Skillman, NJ, with the goal of qualifying for the *FIRST* Mid-Atlantic District Championship at Lehigh University.

For more info about the Titanium Knights and for sponsorship opportunities please visit: <https://team6203.bergen.org/>



## Class News Updates....

### Class of 2016

Hello Class of 2016! We hope you all enjoyed your mini-break. It is hard to believe that we are now planning all of the activities that will take place in our remaining time here at BCA. It is a very busy time of the year and we are trying to keep everyone informed. We hope you have been receiving our emails. The Senior Fashion Show is right around the corner and tickets are on sale now! We are in need of donations for our raffle baskets. Last year, we had 75 amazing baskets at Cabaret and hope to have even more this year! Please take the time to solicit a few stores or take up a town collection. All donations can be left in the main office or arrangements can be made to pick them up.

It is time to start thinking about graduation, which is scheduled for June 23<sup>rd</sup> at 3:00pm. Proudly display your child's accomplishment with a graduation lawn sign. We are currently accepting orders, please see order form in the newsletter. All signs will be available for pick-up in early June.

Any questions please feel free to email or call us.

Warmest regards.  
Maria and Laina

Maria Jasionowski [mariqjasionowski@yahoo.com](mailto:mariqjasionowski@yahoo.com)  
Laina DeRose [msdr21@yahoo.com](mailto:msdr21@yahoo.com)

### Class of 2017

Greetings Class of 2017!

We hope you all enjoyed the extended President's weekend and had some quality downtime with your family. We have lots to do from now through the end of the year! We have four events from April through June: Cabaret, Junior Prom, Senior Awards and Graduation. We will need many volunteers to help make these all a success for our students!

Cabaret is our first event and our only fundraiser this



# Class News Continued.....

year. It will take place on **Wednesday evening, April 20th at 6:30 pm in the BCA Auditorium**. This is a wonderful event showcasing our talented BCA faculty and students from all four grades. Please invite your family and friends and come support this fun event! (See our flyer in this newsletter for tickets.) Our class advisors and class council are already working hard but they are also **counting on us!**

Our planning for Cabaret is just starting. We need donations for our raffles. Ask your employer, favorite restaurant, hair stylist, gym, personal trainer, etc...to donate. We will also take gift cards or monetary donations and do the shopping for you. You also have the opportunity to take out an ad from your family or your business. We also need wicker baskets, so please drop off any extra baskets you may have in the main office with a "2017" label.

Finally, we are still collecting class dues. We kindly ask that you make your checks payable in the amount of \$200 to Class of 2017-Student Activity Fund and mail to BCA at 200 Hackensack Ave., Hackensack, NJ 07601, Attention Class of 2017. This is paid one time only for all four years.

We thank you in advance for your time, kindness and generosity!

Warm regards,

D'Arcy Natale & Allison Orecchio

[bcaclassof2017@gmail.com](mailto:bcaclassof2017@gmail.com)

## Class of 2018

### **SOPHFROSH SEMIFORMAL!**

The Class of 2018 is pleased to present the **SOPHFROSH SEMIFORMAL** on Thursday, March 24<sup>th</sup> from 7:00 – 10:00 p.m. at Powerhouse Studios in Paramus! The Council is hard at work planning this exciting evening including:

Unlimited Beverages and Food  
Unlimited Arcade Games  
Cupcake Station  
Chill Lounge & Board Game Lounge  
Selfie Station  
DJ/Dance Promoter  
2018 & 2019 Master Playlist

*Tickets are \$45.00 and are now on sale! Council members will be selling tickets during the lunch mods. They will accept cash or checks made out to Student Activity Fund: Class of 2018. Students may bring one guest per person and must have a guest permission slip filled out.*

This promises to be an exciting and much-needed evening of socializing and fun for our hard working students! Please encourage your child to attend!

### **Class of 2018 Parent Coffee Hour**

Thank you to those who attended our February 3<sup>rd</sup> coffee hour! It was great to touch base and discuss upcoming events! We will be sending out information shortly on the next coffee hour and look forward to seeing many of you there!

### **College Fair Dinner Volunteers**

We will be recruiting volunteers to help set-up, serve food and clean-up for the BCA College Fair Dinner on Thursday, April 21<sup>st</sup>. This is a very big event where the Sophomore class parents provide the dinner for all of the college representatives. Please keep an eye out for a sign-up genius coming soon!

### **Class of 2018 dues**

If you haven't already, please be sure to send in your \$200.00 class dues. This is a one-time payment to help us offset some of the costs that our students will have in Senior year.

Thank you and we look forward to seeing you soon!

Your Class Parents -

Rena, Christine and Cathy

[BCAClassof2018@gmail.com](mailto:BCAClassof2018@gmail.com)

## Class of 2019

Greetings freshmen parents! We hope everyone enjoyed the Presidents weekend break. Coming up for our class is the Froshmore Semi-formal next month. The dance will be held at Powerhouse Studios in Paramus on Thursday March 24<sup>th</sup>. This will be a fun event for our hard working students with dinner, a DJ and arcade games. Further details to come; save the date!

The next parent coffee hour will take place on Monday February 29<sup>th</sup>. We will meet at 7:30 PM at the Panera Bread on Route 4 in Paramus. The previous meetings have been a great opportunity to get to know each other and exchange information and ideas. We hope to see some new faces there!

Looking ahead to spring, the Class of 2019 will be holding a car wash fundraiser during the PPO Picnic in May. We will be asking for volunteers to help out; we're sure this will be a fun event!

If you pre-ordered a Knights knit hat from our class fundraiser, they are now in and may be picked up by students in room 151.

As always, feel free to email us at

[bcaclassof2019@gmail.com](mailto:bcaclassof2019@gmail.com) with any questions, comments or concerns. We look forward to hearing from you!

Pam C., Amy and Kirstie

[bcaclassof2019@gmail.com](mailto:bcaclassof2019@gmail.com)



## Parents And Patrons of the Arts

We survived the polar vortex and now we're getting ready for **EVITA**. Parent volunteers are working tirelessly on the costumes, Playbill, concessions, rehearsal dinner and all of the various tasks that go into making our productions so successful. A giant thank you to those who are already pitching in.

Tickets for **Evita** are available during lunch mods this week and also at the box office/door before each performance. **Evita** performances are Friday, February 26<sup>th</sup> at 7:30 pm and Saturday, February 27<sup>th</sup> at 2:30 and 7:30 pm. Online ticket sales are closed.

But, before we get to opening night we have our fabulous **rehearsal dinner** on Thursday, February 25<sup>th</sup> at 4:30 pm. If you have not signed up yet to help out at the dinner or to donate something delicious, please do so [HERE](#). We would love to have full participation from the cast, crew and orchestra families. All PAPA members are invited as well because... **Our February PAPA meeting** will follow the **EVITA** rehearsal dinner. Dinner for the cast and crew is at 4:30, followed by dinner for the parents and the meeting. Please join us to learn more about what's planned for the rest of the year and to get a jump on next year. PAPA is a wonderful organization to be an active part of and we'd love for you to join us.

We have also sent out a Perfect Potluck *sign-up for all EVITA concessions and volunteer spots*. If you are able to help out before the show, during intermission and/or after, please sign up for a shift. It won't interfere with your ability to see the show! It's a long document, so you're sure to find something to do and something to donate to refreshment sales. All proceeds go right back to benefit the students. Here's [the link](#) for the sign up. By the way, it's FUN!

But wait! There's more! *Tuesday, March 8<sup>th</sup>* at 7:00 pm is the **Winter Music Concert**, featuring BCA's instrumental ensembles. It's a wonderful opportunity to sit back and enjoy our enormously talented students as they give a top quality performance. Your \$5 donation at the door supports music at BCA.

Eileen Gabriele  
[eileen@gabrielegroup.com](mailto:eileen@gabrielegroup.com)

Remember to LIKE us on Facebook: <http://www.facebook.com/PAPAAatBCA>

# Chocolate Comp is NEXT MONTH!!!!!!

We are busy preparing for the 2016 Chocolate Competition! This year, as always, there will be numerous prizes. In addition, we will be starting a new tradition in 2016 - participation awards for all students who create a cake, but do not win a prize.

We need your help to make this all happen!

Please sign up at

<http://www.signupgenius.com/go/30e0844a8af23abfc1-chocolate>

to donate a prize and/or solicit a prize donation from a business who has donated to us in the past. Or, feel free to solicit from a business that you have a connection to (for example, your favorite restaurant or salon), but is not on our list. If you will be soliciting a donation, the procedure is to visit the business, remind them of their generous donation in the past (or explain Choco Comp to a new business not on the list), and ask them if they will be able to donate for this year's competition. If the business requires an official letter for a donation, please email me and I will send you one. ([Dawns@optonline.net](mailto:Dawns@optonline.net)) No gift is too small and all donors will be listed in the Chocolate Competition booklet that will be distributed to all attendees. Please forward all prizes to Chef B no later than February 26th, 2016.

Thanks for all of your support!

Dawn, Denise & Marta

ACAHAPA

## SAVE THE DATE: Monday, April 11<sup>th</sup> or Tuesday, April 12<sup>th</sup>!

E-PA (Engineering Parent Association) is going on an exciting and educational **day trip** to NYC to the conjoined **RoboUniverse + Virtual Reality + Inside 3D Printing** Conference and Expo!

### THE TRIP IS OPEN TO ALL STUDENTS!

More details to follow soon!

If you have any questions please contact Tal Millet at [talmillet@hotmail.com](mailto:talmillet@hotmail.com) and visit our Facebook page <https://www.facebook.com/groups/1649612991978796/>

Want to become an E-PA member? It's never too late: <http://www.academypopo.com/e-pa.html>

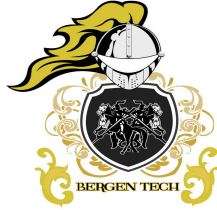


E-PA

**INSIDE 3D PRINTING**  
CONFERENCE & EXPO

**RoboUniverse**  
CONFERENCE & EXPO

 **Virtual Reality**  
SUMMIT



## **SPRING SPORTS STARTING DATES**

***Online Sports Registration now available:***

<http://bcts.bergen.org/index.php/sports-registration>

**Deadline, February 29<sup>th</sup>**

### **BASEBALL**

Date: Friday, March 4<sup>th</sup>

Location: TBD\*

Time: 3:45pm

Head Coach Doug Naccara: [dounac@bergen.org](mailto:dounac@bergen.org)

### **SOFTBALL**

Date: Friday, March 4<sup>th</sup>

Location: TBD\*

Time: 3:45pm

Head Coach Frank Mele: [framel@bergen.org](mailto:framel@bergen.org)

### **BOYS/GIRLS GOLF**

Date: Monday, March 7<sup>th</sup>

Location: BCA, then bused to Closter Golf

Time: 3:45pm

Head Boys Coach: Keith Robertson: [keirob@bergen.org](mailto:keirob@bergen.org)

Head Girls Coach: Susan Polonsky: [suspol@bergen.org](mailto:suspol@bergen.org)

### **BOYS/GIRLS LACROSSE**

Date: Friday, March 4<sup>th</sup>

Location: TBD\*

Time: 3:45pm

Head Boys Coach: Gene Walsh: [genwal@bergen.org](mailto:genwal@bergen.org)

Head Girls Coach: Ken Conlon: [kencon@bergen.org](mailto:kencon@bergen.org)

### **BOYS TENNIS**

Date: Friday, March 4<sup>th</sup>

Location: BCA (Meeting Only Room 110)

Time: 4:00 pm

Head Coach John Yselonia: [johyse@bergen.org](mailto:johyse@bergen.org)

### **BOYS/GIRLS TRACK & FIELD**

Date: Friday, March 4<sup>th</sup>

Location: BCA Track/Fitness Center

Time: 3:45pm

Head Coach: Shawn Hackett: [shawaha1978@yahoo.com](mailto:shawaha1978@yahoo.com)

Head Coach: Ken Cevoli: [kencev@bergen.org](mailto:kencev@bergen.org)

### **BOYS VOLLEYBALL**

Date: Friday, March 4<sup>th</sup>

Location: BCA Gym

Time: 3:45pm

Head Coach: Matt Kingsley: [mkingsley@paramus.k12.nj.us](mailto:mkingsley@paramus.k12.nj.us)

**Physical forms and Health History Forms should be filed with the school nurse.**

**Sports Buses from Teterboro and Paramus leave at 3:00pm**

**Late Buses leave BCA at 6:30pm**

**\*The weather will determine practice/tryout locations\***



## ***Project Graduation 2016 - Last Call!***

*If you have not already signed your graduate up for the all-night Project Graduation party, which will take place the evening of graduation, please send your payment today!*

*If you have any questions, please contact:*

Lisa Leiva (201) 391-1586 Email: lisaleiva1@aol.com  
Carmela Tarabocchia (201) 941-2895 Email: carmela.tarabocchia@gmail.com

Make your \$195 check payable to: **Project Graduation 2016**

**Please write your child's name on the check**

**Mail to: Lisa Leiva, 18 Brook Avenue, Montvale, NJ 07645**

\*\*\* If your child is NOT planning to attend Project Graduation, please send an email to Lisa or Carmela and let them know. We want to make sure that all seniors are accounted for. Thank you! \*\*\*

-----Detach and send with payment-----

Student's Name \_\_\_\_\_ Academy \_\_\_\_\_

Parent's Name \_\_\_\_\_ Parent Email \_\_\_\_\_

Phone # \_\_\_\_\_

**BCA Class of 2017 presents...**



**Wednesday April 20, 2016 at 7:00 pm**

**BCA Auditorium**

**General Admission: \$15 Students / Faculty: \$12**

**Join us for an evening of amazing entertainment provided by our  
incredibly talented students & staff, light desserts, & exciting raffle  
baskets!**

**Pre-Order Show Tickets & Raffle Value Packages  
Today**

**You'll receive pre-printed labels to use during the raffle on Cabaret Night**

**All pre-ordered Value Packages will be available for pick-up the day of the event**

**Orders must be received by March 30th for all pre-printed labels**

**\$20 Value Package (\$24 in tickets... 15 white & 3 red!)**

**\$40 Super Value Package (\$50 in tickets...25 white, 5 red & 1 gold!)**

**Questions: Contact D'Arcy or Allison at [BCAClassof2017@gmail.com](mailto:BCAClassof2017@gmail.com)**

\*\*\*\*\*

**Name of Purchaser:** \_\_\_\_\_

**Cell #:** \_\_\_\_\_ **Email:** \_\_\_\_\_

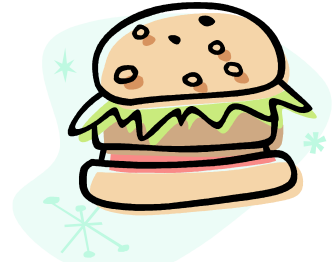
**# General Admission Tickets @\$15 each:** \_\_\_\_\_ **# Student/faculty Tickets @\$12 each:** \_\_\_\_\_

**# Raffle Value Package(s) @\$20 each:** \_\_\_\_\_ **# Super Value Package(s) @\$40 each:** \_\_\_\_\_

**Total \$ enclosed:** \_\_\_\_\_

**Make Checks out to BCA Class of 2017 Student Activity Fund**

**Mail checks to: D'Arcy Natale 51 Heather Court Allendale, NJ 07401**



Dear Parents and Guardians,

The Bergen County Academies will be hosting their annual Field Day on Friday, June 17<sup>th</sup>, 2016. This event has been a tradition at the Academy for many years and provides the students with a day to have good competitive fun and take a well-deserved break from academics. The students will be participating in over 80 events from the traditional sports to three legged races, pie eating, video games, and much more.

On field day we also have a free, all school barbeque in the lower lot. The barbeque consists of: hot dogs, hamburgers, veggie burgers, cheeseburgers, tossed salad, drinks, and watermelon. This is where we need your help! In order to accommodate 1,100 students, the estimated expenditure is over \$6,000! The majority of the expenses are paid for by generous donations from our Academy families. Financial contributions of any size are greatly appreciated to make Field Day a success! We also need **many** volunteers to assist with the BBQ and make it our best yet. The rain date is Monday, June 20<sup>th</sup>.

Aside from the monetary contributions the following is needed for Field Day:

Water (large volume)

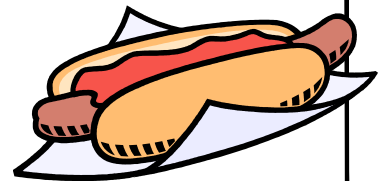
Uno Cards

Nerf Balls

Coolers

Non-carbonated beverages (i.e. ice tea, lemonade, fruit punch)

Non-perishable individually wrapped snacks (i.e. chips, pretzels)



Thank you. Let's think Field Day!

P.S. Any items donated can be brought to the school at your convenience. Please email [wilmul@bergen.org](mailto:wilmul@bergen.org) if you would like to volunteer or call at 201-343-6000 ext. 2277

Student Name: \_\_\_\_\_

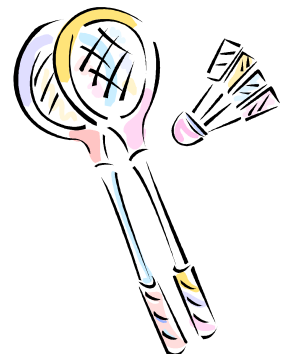
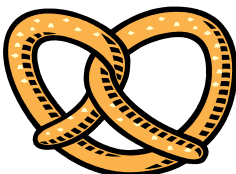
Name of Parent: \_\_\_\_\_

Address: \_\_\_\_\_

**Checks should be made payable to: "Field Day"**

Please mail your donations to: Will Muller

Bergen Academies  
200 Hackensack Avenue  
Hackensack, N.J. 07601



**Show your Pride in your BCA GRAD!!!**

**Purchase a BCA 2016 Graduation Sign!**



100% all weather signs are 24"x48" and come with metal stakes for lawn installation.

All orders must be received by **April 15, 2016**. Signs will be delivered to BCA in early June.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Graduate's name as you want it to appear on sign (**PLEASE PRINT CLEARLY**):

\_\_\_\_\_

Number of signs at \$30/sign: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

Checks payable to: **BCA Student Activity Fund Class of 2016**

Mail orders to: Laina DeRose  
65 South Avenue, Norwood, NJ 07648

(A minimum number of 100 signs need to be ordered)





For more info, contact [BCAClassof2016@gmail.com](mailto:BCAClassof2016@gmail.com)

Join us for an evening  
of fabulous fashion,  
entertainment and  
amazing raffle baskets!

**March 31, 2016**

**6:30 pm**

Appetizer Hour, Dinner, Dessert

**The Estate at  
Florentine Gardens  
River Vale, NJ**

**\$48 Adults**

**\$40 BCA Students/Faculty**

**\*\*Pre-order raffle tickets now\*\***

Pre-printed labels included

**\$20 Value Package**

(\$25 in tickets: 16 white and 3 black)

**\$40 Super Value Package**

(\$50 in tickets: 30 white, 5 black,  
& 1 gold)

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**Detach and mail to: LISA LEIVA, 18 BROOK AVENUE, MONTVALE, NJ 07645**

**FORMS MUST BE RECEIVED BY WEDNESDAY, MARCH 16**

Name\_\_\_\_\_

Cell Phone #\_\_\_\_\_ Email address\_\_\_\_\_

# of Adult Tickets\_\_\_\_\_ # of Student/Faculty Tickets\_\_\_\_\_

# of \$40 Super Value Packages\_\_\_\_\_ # of \$20 Value Packages\_\_\_\_\_ Total enclosed\_\_\_\_\_

Checks payable to: Class of 2016 Student Activity Fund

We will do our best to accommodate seating requests! Tables fit up to 12 people. Please seat me with the following:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



**Save the Date**  
**Thursday, April 21st, 2016**  
**6:30 PM–8:30 PM**

***Bergen County Technical School District***



**Don't miss out on this great opportunity  
to visit with many great colleges and  
universities from all over the country!**

**College Fair Location:**

**Bergen County Academies**

**200 Hackensack Avenue, Hackensack, NJ 07601**

For more information about this event,  
please contact Ms. Redlitz at [jenred@bergen.org](mailto:jenred@bergen.org)